

# Dunston Hill site briefing

## Overview & Scrutiny Committee 18 September, 2018

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# Exit plans for St Bede's Day Care Service and YPDS

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## Ongoing concerns with Dunston Hill site

- Repeat vandalism and theft
- Recurring loss of power and communications
- The site is isolated and at times of loss of power has led to increased safety risks to both patients and staff.
- Ongoing costs incurred to rectify damaged doors and windows.
- Pro-longed increased in incidents requiring input from security.
- Costs being incurred with ongoing use of security equipment which is now at end of life and is not supported.
- Patient clinics and day services being cancelled or moved last minute to an alternative location (Bensham Hospital as per the Business Continuity Plan).
- Increased risk to those youths entering the site

The view of the Trust is that the site is no longer sustainable to host such isolated services.

# Indicative timescales associated with site exit

- The proposed timescales have recently been escalated due to new interest in the site by a potential buyer – Homes England. This is following a number of years of unsuccessful sale of the site. Based on current knowledge a sale is anticipated in November 2018. The sale means that the service would no longer be able to operate from the site.
- The Trust has a long term lease and pre-existing joint venture agreement to sell the site with Carr-Ellison Family Charitable Trust. The Trust disposed of Phase 1 of the site several years ago as per the plan which was at the time discussed with OSC.
- There are no covenants or restrictions to the sale of the site, and the remembrance garden was relocated at Dunston Church, also several years ago.

# Services currently operating from the site and associated exit plans

- St Bede's Day Care Service - Offered three days a week, utilising a 'social day care model' providing an environment whereby service users can be supported through conversation and listening.
- Woodside Unit for younger people with a dementia and their carers - Provides a specialist Community Outreach and Day treatment services for people under the age of 65, and their families, who have a diagnosis of a dementia illness.

# St Bede's Day Care Service – current service model

**The service is off site and a recent regional and national review of day care services highlighted that our current service is non-compliant with best practice.**

- Current model runs Tue, Thu, Fri 9.30 – 14.30
- Service users are supported through conversation and listening with access to art and complementary therapies on a Friday.
- Service users with cancer and life limiting disease initially referred to the service for social support as they were socially isolated, however have continued to attend, some for over 7 years.
- 11 service users currently attend.  
(Length of time in service - x4 <1yrs, x5 1-3yrs, x1 3-5yrs and x2 >5yrs)
- There is no medical or rehabilitation input and service users are not discharged or signposted to other services in a timely manner.

# Managing the transition to alternative services

- All day care service users are being kept up to date of our proposals to temporarily close the service and discussions have been ongoing throughout August.
- All service users, except three who have refused, have now been holistically assessed by the Palliative Care Nurse Consultant and alternative day care options explored. Services include Care UK and FACT, both have been very supportive in how they can help address the needs of our patients.
- New complex palliative day care service users would continue to be signposted to Marie Curie / St Oswald's as per current practice.

# Managing the transition to alternative services

- Day care service provision is supported by two members of staff.
- The qualified nurse is currently being supported in her choice to return to the in-patient unit or be re-deployed elsewhere. The HCA is due to retire.
- Third sector support i.e. Volunteers and complementary therapists already attend the inpatient unit and will continue to do so, however support to the day care service it is intended to stand these down for the duration of closure.

## Service user feedback to date

- Service users have been anxious about the proposals and most (all but three) have engaged in the holistic review process to assess their needs.
- Services users have expressed they wish to stay together as a group and we are exploring this with Age UK.
- We are confident working with Age UK and FACT that patients' social care needs can be met and these are viable options.
- We are supporting patients to visit alternative day care and providing them with all of the necessary details.
- Concerns raised regarding payment for services.

# Opportunity to change the model



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Our service model is outdated and does not align to current standards of best practice.

## Our vision for a new model of integrated care

- Benefits of an integrated service include:
  - A fully integrated workforce supporting both the inpatient and day care unit.
  - Benefits of co-location for service users.
  - A new 6-12 week model offered 5 days per week. Once service users' needs are assessed they would be supported to choose a tailored programme to suit their needs.
  - An admission and discharge policy ensuring that more service users could benefit from this model and be supported with a drop in session one day per week once discharged.
  - Service users holistic needs including physical, social, psychological and emotional needs could be met by a multi modal approach from clinicians and the wider team.

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# Younger Person's Dementia Service

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## YPDS – current model

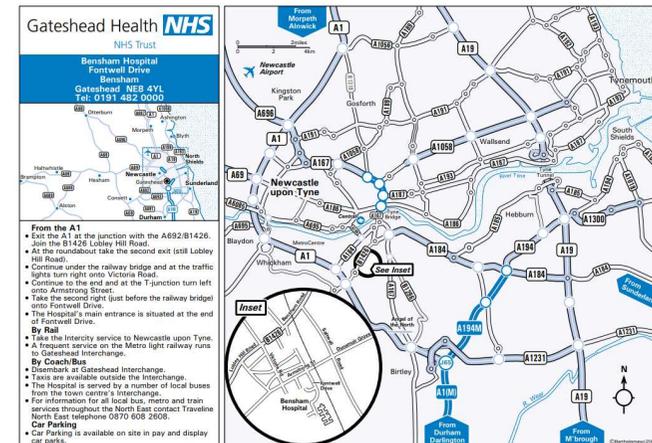
- The Trust's Younger Persons Dementia Service is based in The Woodside Centre at Dunston Hill and provides a specialist Community Outreach and Day treatment services for people under the age of 65, and their families, who have a diagnosis of a dementia illness.
- The service is highly specialised, and well respected regionally with national recognition.
- Despite the term younger persons referring to people under the age of 65, the RCP guidance recommends that the management of younger people with dementia should be located in Old Age Psychiatry services. Therefore the YPDS is core business for our mental health services and will continue to be so.

## YPDS – plans to relocate the service

- It is planned to retain the current model of the service and to relocate this service within Gateshead. Some initial proposals have been scoped based on a re-location to Bensham Hospital which is already occupied by other Mental Health Services. This is less than three miles away.
- There are currently 44 services users (across outreach and day treatment services). Service users are from a range of Gateshead post-codes NE8, NE9, NE10, NE11, NE16, NE17, NE21, NE39, NE40 and DH3.
- Services users and their families have been notified of the proposal to date.
- A small task and finish group has been working on a number of estates options, also taking into consideration the travel implications and accessibility of the service for existing and future service users.

# YPDS – plans to relocate the service

- Travel considerations
  - Bensham Hospital is set within a residential area similar to that of Dunston Hill.
  - The Trust currently provides a transport service for the majority of patients and others are escorted by family members. This service will continue to operate as it currently does.
  
- General feedback
  - To date no serious concerns have been raised by our service users or families and more detailed engagement will commence when estates plans are progressed further.



# YPDS – plans to relocate the service

## Estate proposals

- The current preferred estate option is to relocate the service in the Ellison Unit within Bensham Hospital. It is taking some time to finalise the right location to take account of the suitability and stability of the environment and the therapeutic requirements for these patients as they play such an important factor in their wellbeing.
- The current proposal is to co-locate with the Specialty Memory Hub Service and share office/staff facilities making better use of space within the Ellison Unit. This supports shared learning and training of the teams and easier transition for service users from one service to another.
- Viable options are being considered to the same estates specification as at Dunston Hill Site re square footage, accessibility and use of outdoor space.

## Next steps

- To finalise the estate plan for YPDS and complete necessary QIA.
- Hold further engagement with service users regarding the YPDS estates proposal.
- Confirm the move date with the teams and all service users and their families.
- Ongoing support provided to existing service users during the transition for both services.
- Obtain feedback from OSC (18<sup>th</sup> Sept)